NAIL TREATMENTS



Express Manicure or Pedicure with Polish
Luxury Manicure or Pedicure £30.00
Shellac Manicure or Pedicure £20.00
Shellac Manicure and Pedicure£35.00
Rockstar Manicure or Pedicure£25.00
Rockstar Manicure and Pedicure £40.00
Gel Polish Removal £6.00

MASSAGE THERAPIES

SWEDISH MASSAGE

Traditional and most popular massage method

Back Neck and Shoulders £25.00 Full Body£40.00

AROMATHERAPY MASSAGE

The use of essential oils to promote healing and a feeling of well-being and relaxation

Back Neck and Shoulders.....£27.00 Full Body.....£42.00

HOT STONE MASSAGE

Promotes deeper muscle relaxation through placement of smooth, water-heated stones at key points on the body

Back Neck and Shoulders £30.00
Full Body £50.00

PREGNANCY MASSAGE

Prenatal massage can relax tense muscles, ease sore spots, and improve circulation and mobility

Back Neck and Shoulders£25.00 Leg and foot Massage£25.00

BODY TREATMENTS

Full Body Exfoliation.....£30.00

STRICTLY PROFESSIONAL SKINCARE TREATMENTS

Vegan and paraben free facial products. Whether it be rosacea, dehydration or breakouts we've got the treatment for you!

Classic Express Facial.....£25.00
On the go? Enjoy all the basics in this customized express treatment for your face.
Includes speed mapping and consultion

Luxury Face Treatment£45.00 Your skin therapist will perform a zone-by-zone. Skin analysis, a customised facial treatment with massage and hot towels.

TANNING SERVICES

The original tan solution infused with certified organic argon and rosehip oils, Moroccan Tan is a deeply-nourishing formula leaving a natural, golden glow

EXPRESS TAN (1-3 HOUR DEVELOPMENT TIME)

Full body	. £15.00
½ body	. £12.00





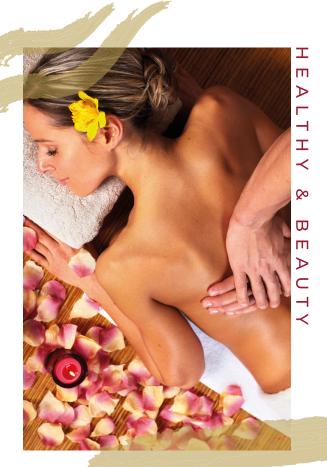
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Muthu Glasgow River Hotel, Erskine, Renfrewshire PA8 6A

RIVER FRONT HEALTHCLUB&BEAUTY

AT MUTHU GLASGOW RIVER HOTEL









SPA PACKAGES

Includes:

- Full use of facilities
- Robes, slippers and towels on day
- 2 course light lunch with bubbly
- 20% off any treatments on the day

Includes:

- Full use of facilities
- Robes, slippers and towels on day
- 2 course light lunch with bubbly
- Swedish back, neck and shoulder massage
- Express facial

Includes:

- Full use of facilities
- Robes, slippers and towels on day
- 2 course light lunch
- Clear start facial
- Express manicure

Spa Bliss from £69.00 p.p

Enjoy some time out and spend your day in total bliss

Includes:

- Full use of facilities
- Robes, slippers and towels on day
- 2 course light lunch with bubbly
- Full body exfoliation with massage
- Express facial

LUXURY SPA PACKAGE

Includes:

- Full use of facilities
- Robes, slippers and towels on day
- 2 course light lunch with bubbly
- Luxury face treatment
- Hot stone full body massage

SPECIAL OCCASION PACKAGE

Party People	.£45.00
Express full body tan, party lashes, Shellac hands	
Bare Essentials	. £40.00
Mum to Be	.£55.00
Miss to Mrs	.£50.00
BNS OR facial, Shellac mani or pedi, eyebrow wax & t	tint

HOLISTIC TREATMENTS

Indian Head Massage	£30.00
Helps release stress & tension, improving sleepand	stimulating
and improving hair growth & quality	

WAXING TREATMENTS

Full Leg	£22.00
½ Leg	£15.00
½ Arm	£12.00
Underarm	£9.00
Back or Chest	£20.00
Back and Chest	£35.00
Bikini Line	£10.00
Hollywood	£25.00
Brazilian	£20.00
Lip or Chin	£8.00
Lip and Chin	

EYE AND BROW TREATMENTS

Eyebrow Wax £7	.00
Eyebrow Tint* £7	.00
Lash and Brow Tints* £16.	.50
Eyebrow Wax, Lash and Brow Tint £20.	.00
HiBrows £25. high definition eyebrow treatment	.00
Eyelash Tint* £11.	.00
Party Lashes £15.	.00
Lash Lift*£30. Straightens your natural eyelashes at the root, creating lifted lashes	

^{*} Patch test required, minimum of 24 hours prior to treatment

feel good look great

^{*}upgrade to hot stones for £5